



GOAL SETTING ACTIVITIES:



1. **John Goddard**



2. **Role Models**



3. **My Vision for a Perfect Life**



4. **Vision Map**



5. **Year 2018 Activity**



6. **Celebrate Achievements**



7. **Self Affirmations**



8. **Word Visualisations**



9. **Timetable Balance**



10. **Actions to Improve**



“Goals are dreams with deadlines.”
Diana Scharf Hunt